



Get the *Outcomes* You Want and the *Income* You Deserve

SHORTCUTS TO AWESOME RESULTS IN MUSCULOSKELETAL THERAPY

THIS IS TWO, 2 DAY WORKSHOPS ON HOW TO PUT THE SPARK OF ENJOYMENT AND SATISFACTION BACK INTO YOUR PRACTICE AND GET THE BEST OUTCOMES FOR YOUR PATIENTS' MUSCULOSKELETAL PROBLEMS:

Where: Endeavour College of Natural Health Fortitude Valley Brisbane

When:
Workshop One: Upper Torso
Sat 26 & Sun 27 November

Workshop Two: Lower Torso
Sat 3 Dec & Sun 4 Dec 2011

Cost: (For one Workshop)
\$250 *Super Early Bird*
Now to Friday 28 Oct
\$275 up to Friday 11 Nov
\$300 Full Price

For Both (recommended)
\$400 *Super E Bird*
\$450 Early Bird
\$500 Full (for both)

Student: One W/Shop \$200
Both \$350

No Early bird for Students
Please note the good savings for both Workshops. This is to encourage you to get the best for your patients

TIME: 9.00 to 4.30 both days

Philip Macqueen B.Ac (Brisbane) and ICOM Nederlands. (Dr.VanBuren)

- Trained at Brisbane College of Traditional Acupuncture in Brisbane Australia. Graduated 1981.
- Past President of AAca and Board Member for 10 years.
- Been in continuous private practice for 30 years.
- Specialised in Musculo-skeletal Acupuncture and body work.
- Developed a treatment protocol based on muscle physiology applicable to Acupuncture practice.
- Taught successfully in Australia, New Zealand, Thailand, United Kingdom.
- **I've always asked the question.** "Why, and Why not"? When things didn't work out I searched for the answer.
- With 30 years of successful clinical experience I have found the answer.
- I have videoed more acupuncture and TCM seminars than anyone else in the world. I understand what workshop participants want. **I deliver** a mixture of practical demonstrations and theory and get participants to do it to gain "hands on" experience.

I will guide each person on an individual basis. In this limited number workshop Getting your hands to work properly is important to me and for your results.

SCIATICA, LOW BACK PAIN, WRY NECK AND "FROZEN" SHOULDERS, HEADACHES, PHANTOM LIMB, NUMBNESS IN LIMBS, HEEL SPURS

- You will learn a practical system of Body Work (hands on stuff) and Acupuncture which you will be able to successfully integrate immediately into your practice. **It works.**
- We'll cover some Muscle and Neuro Anatomy sufficient to give us a good understanding of the issues we will be working on (Primarily Tight Muscles!!) Learning which nerves control which muscles enables you to do a really useful differential diagnosis. After this, fixing a problem gets a lot easier. I'll give you the tools and knowledge to do this successfully.
- Through the day I'll work case studies on members of the group showing testing, measuring and recording ROM related to the "clients" issue.
- You get to practice these simple techniques and I explain the reasons and implications. I do this for Neck problems and Shoulder Problems separately. You will be doing lots of Hands on Practical. Also in the Lower Torso Workshop.
- In **Workshop One** I cover **Upper Torso**, that is Neck and Shoulder issues including common presentations such as: "Can't turn my head", "Frozen Shoulder", "Tennis elbow and Carpal Tunnel, numbness and "little black ants crawling up the arm".
- During the both days I'll be explaining the "Super Shortcuts" acupuncture points for the Upper Torso.
- **Workshop Two** is **LOWER TORSO** which includes General Low Back pain, Sciatica, Prolapsed Discs, Hip, Knee and Leg pain, Numbness of lower extremities and "Heel Spurs" and Phantom Limb pain.
- For the Lower Torso I'll be explaining relevant anatomy and how the interaction between muscles causes a lot of low back pain. If you've never understood the role of the Psoas in low back pain...be prepared for a revelation. When you understand this, **Treatment Becomes Fun!**
You'll look forward to a TFL patient knowing that the Adductor Magnus is probably the cause and fix it by doing FNM on GB41!
- I will also be demonstrating propagation of Qi and obtaining of warming Qi which though it took me many years to learn by myself but I can show you in five minutes!
- Being in practice is all about helping clients get better as quickly as possible so they can get on with their lives
- Near enough is not good enough...I am giving you the knowledge these two weekends to get results. This is precision work and we can be accurate in our diagnosis to fix complex problems in some cases with two muscle stretches in ten minutes!
- I get great results with the system and techniques I have developed and this is what I will be teaching you. You can get these results too!
- Also, when you can explain to a patient their problems clearly, describe what is the cause and tell them exactly what you are doing and why, their respect for you increases (and so do their referrals.)

Only come to these WORKshops if you want to dramatically increase your clinical confidence and effectiveness, earn more money, greater respect, and help change peoples lives.

These are some of the points and techniques I'll show you.....

- How to analyse **why** someone has **Sciatica or Shoulder / Neck problems**... and how to TREAT IT effectively
- How to **TEST and MEASURE and Demonstrate** to a client how much they are improving during the session
- How to loosen a **"Frozen Neck and a Frozen Shoulder"** using no needles getting up to a 50% improvement in one session.
- The **"Frozen Shoulder Point"** in the neck, loosens Scalene muscles.
- How to treat **numb areas on legs or arms** especially after surgery and diabetes
- How to measure your success using **"Low Tech" tools!** (This really impresses clients!)
- The **"Cliff Point"**? What does it do? - It fixes pain down the side of the leg. (TFL / GB)
- The **Achilles Point**, What does it treat? - It fixes heel spurs (along with one other secret point you'll learn on the weekend)
- The **only way** to release the **Longus Collii and Longus Capitis muscles** so your client can look up...and then gain full rotation of the neck...for **"wry neck"** this technique fixes restricted head rotation where all else fails
- Learn about the **"Handlebars Technique"** - this principle is the basis of successful body work, if you don't have this understanding, needling Ah-Shi points in the neck is a waste of time.
- A new approach for the treatment of **PHANTOM LIMB** Pain
- My main aim is to broaden your understanding of muscles and nerves and to integrate this with the specialised body work (Hands On Therapy) which I will be teaching. Combining this with acupuncture, on regular points and the specialised ones I will be showing you will give you a powerful broad new multi-disciplinary approach to therapy.

At the end of the seminar you will:

- **Have** a good understanding of how the nervous system relates to specific problem areas of the body
- **Know** how to use this knowledge to your advantage in diagnosis and treatment
- **Be bursting** to get stuck in and apply what you've learnt on your patients!
- **Be able to evaluate** range of motion testing with clients to demonstrate to the client their improvement in the session. This is very simple and goes down well with clients when you can demonstrate a 50% improvement in one clinic session!
- **Have a clear understanding** of the causes of and how to treat effectively, Frozen Shoulder, Sciatica Frozen Neck and Heel Spurs with body muscle work and acupuncture points
- **Be confident** that the theory behind the muscle work you learn will have major positive treatment outcomes and enhance client referrals.
- **Have the satisfaction of knowing** your investment has been well worthwhile and that it has been one of the best seminars you have ever attended.

DVD of the Whole Seminar - For your benefit a video recording will be made for a 6 DVD set of the whole weekend. At my last seminars in the UK and New Zealand, 90% of attendees purchased a set **as there was just too much information to remember it all**. Thus a 6 DVD set was for them, an invaluable learning tool. We are doing this again at this seminar and for attendees at the seminar the DVD set will be available at a discounted rate. If ordered beforehand or during the Workshop the price is \$75.00 . If you attend both, the DVD set will be \$100. After the Workshop the cost of each 6 DVD set separately on my Website will be \$150. Orders will be taken during the Workshop

Discussion: If you've read something here and it doesn't gel or you want to ask me any questions before you book or just want to understand something please call me and I'll explain it.

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