



A Continuing Profession Education Seminar for Acupuncture Practitioners and Students to be held at: Northern College of Acupuncture in York ...



TRIGGER POINTS and BEYOND!!

Mixing ACUPUNCTURE and "Physical Therapy" in the Treatment of Musculo-Skeletal Problems

When:

Course One: (Advanced)

Friday 21, Saturday 22,
Sunday 23 August 2009
Fee: £225.00

Course Two: (Different for Praccys and Students)

Monday 24 Tues 25,
Wed 26 August '09
Fee: £150.00 Students
£225.00 Praccys

Venue: Northern Coll. of Acupuncture
61 Micklegate York
01904 343305

Time: 9.30am to 5.30pm (each day)
(Lunch One Hour)

Philip Macqueen B.Ac (Brisbane) ICOM Netherlands. Trained in Brisbane Australia by practitioners and theorists. I got the best of both worlds. Brisbane was lucky to get Vietnamese boat people in the early days. Some of these were highly skilled acupuncture doctors who could impart knowledge that was culturally different. Special points our "orthodox" tutors did not know were available for different conditions and thus there were different slants put on our training. **I learnt that there was more than theory...There was generations of practical knowledge which had never found its way into books..I learnt to think outside the square.** I also had the good fortune to meet Vietnam war veterans who had been treated for "odd and unusual" problems and I remembered these points.

I always ask the questions, "Why, and Why not"? When things don't work out I go digging for the answer. Take Sciatica for instance. What I was taught was only partly successful. I wanted 100% all the time. I read, I asked questions, and by interpreting the clues I put it together and gradually it all began to make sense. Shoulder problems like "frozen shoulder" was another issue. After figuring out the back and sciatica it was a lot easier. I understood the big principle by then. **This principle is what I'm sharing over the weekend. When you understand this principle...so much more makes sense.**

With 28 years of successful clinical experience under my belt I have learnt what works, and what doesn't. As a videographer who has videoed more acupuncture and TCM seminars than anyone else in the world I know what gets seminar participants cranking and so I deliver a mixture of practical demonstrations and get participants to do it to gain "hands on" experience. I will guide you on an individual basis because this seminar, with only a limited number of participants allows me to do this

Only come if you want to dramatically increase your clinical effectiveness, earn more money, greater respect, and change peoples lives (because we can)

THIS IS THREE DAY SEMINAR ON HOW TO FIX: SCIATICA, LOW BACK PAIN, FROZEN NECK AND SHOULDERS AND MORE, SHOWING HOW TO BUILD AN EFFECTIVE TREATMENT PROTOCOL FOR TREATMENT WITH YOUR HANDS AND NEEDLES. THERE IS A LOT OF HANDS ON MUSCLE WORK OVER THE WEEKEND.

This seminar will not be like any you've been to before. (Unless you've been to one of mine before) No one does what I do because I developed it. I get results fast by combining a good knowledge of muscular and neuro-anatomy, acupuncture and the body work I've developed.

Integrating the new knowledge base I'll teach you into your current framework will enable you to do a differential diagnosis quickly and easily.

Then by applying the muscle stretching techniques I'll be demonstrating and using the new points I'll be showing you will enable you to **GET RESULTS FAST.**

When you are really clear about what is happening to a client, then fixing them is so much easier. Clients want results...THEY WANT TO FEEL BETTER. **Imagine how you'll feel** when a client gets up and says, "**I feel so much better**".

When you can explain their problems clearly and describe what is the cause and tell them exactly what you are doing and why, their respect for you increases (and so do their referrals.)

IF THE ONLY TOOL YOU HAVE IN YOUR TOOLBOX IS A HAMMER...ALL PROBLEMS BEGIN TO LOOK LIKE NAILS

These are some of the points and techniques I'll show you....

How to analyse **why** someone has **Sciatica or Shoulder / Neck problems...** and how to TREAT IT effectively

How to loosen a "**Frozen Neck and a Frozen Shoulder**" using no needles getting up to a 50% improvement in one session.

The "**Frozen Shoulder Point**" in the neck, loosens Scalene muscles.

How to treat **numb areas on legs or arms** especially after surgery and diabetes

How to measure your success using "**low tech**" tools! (This really impresses clients!)

The "**Cliff Point**"? What does it do? - It fixes pain down the side of the leg.

The **Achilles Point**, What does it treat? - It fixes heel spurs (along with one other secret point you'll learn on the weekend)

The **only way** to release the **Longus Collii and Longus Capitis muscles** so your client can look up...and then gain full rotation of the neck...for "wry neck" this technique fixes restricted head rotation where all else fails

Learn about the "**Handlebars Technique**" - this principle is the basis of successful body work, if you don't have this understanding, needling ah shi points is a waste of time.

- A new approach for the treatment of **PHANTOM LIMB** Pain

- Using a Chopstick to treat **children** for **ENURESIS**

Our Concentration will be on how to integrate the specialised body work (Physical Therapy) which I will be teaching, can be combined with acupuncture, both on regular points and the specialised ones I have found. These points at times can fix frozen shoulder and knee problems in less than two minutes. Definitely good ones to have in the tool box.

At the end of the seminar you will:

- **Have** a good understanding of how the nervous system relates to specific problem areas of the body
- **Know** how to use this knowledge to your advantage in diagnosis and treatment.
- **Be bursting** to get stuck in and apply what you've learnt to your patients!
- **Be able to evaluate** range of motion testing with clients to demonstrate to the client their improvement in the session. This is very simple and goes down well with clients when you can demonstrate a 50% improvement in one treatment session!
- **Have a clear understanding** of the causes of and how to treat effectively, Frozen Shoulder, Sciatica Frozen Neck and Heel Spurs with body muscle work and acupuncture points
- **Be confident** that the theory behind the muscle work you learn will have major positive treatment outcomes and enhance client referrals.
- **Have the satisfaction of knowing** your investment has been well worthwhile and that it has been one of the best seminars you have ever attended.

- **DVD of the Whole Seminar** - For your benefit a video recording will be made for a 6 DVD set of the whole weekend. At my last seminar 90% of attendees purchased a set **as there was just too much information to remember it all**. Thus a 6 DVD set was for them, an invaluable learning tool. We are doing this again at this seminar and for attendees at the seminar the DVD set will be available at a discounted rate. If purchased at the seminar or ordered beforehand the price is £45.00 The cost of the 6 DVD set separately will be £70.00 Orders will be taken during the seminars

- **Teaching Tools - Mini-Clip Downloads** - Last year my idea of providing downloadable mini video clips of what I intended to teach was received enthusiastically by seminar participants. These clips prepared attendees for some what I was going to teach. All shot in my clinic. All they had to do was register and pay and I sent a password link for them to access the download site. A bit of a first in the Acupuncture teaching world!

- **Testimonials from 2008** -

“Hi Phil Just to let you know I rec'd the downloads and they work no problem. Have a had a quick look through them all and am now digging out my anatomy books!

The video clips are brilliant and I think they are a great idea. I am now looking forward to the seminar even more.”

Cheers Mike

Hi Phil

“Here's hoping you and Jules are well. The seminar was great and I'm putting lots of good stuff into practice. The only ones I struggle with are the hamstring (just can't seem to get a grip) and the coracobrachialis (tricky). Anyway, consulted the DVD, the last of the set, which has the run through of all the stretches as promised earlier in the set, plus the back pain in pregnant women which I need. Thanks again for brilliant skills.”

Catherine

Hi Phil,

Thank you that is great :o) I just wanted to say that I really enjoyed that course and I have used both the needling techniques and tendon stretching on some clients with fantastic results :o) The cervical neck needling is particularly getting super fast results. I am rubbing my hands for my next frozen shoulder. So thank you and it was really nice to meet you and take care of yourself.

Warm regards, T...

Hello Phil,... I have to thank you as well for the great job you did on my jaw in the last 5 minutes in York- it is so much better now with no(teeth) grinding and the ache has gone completely - amazing!

PS I will make sure I get to the three day course next time you are over. Thanks again, Kind regards, A... I..

Hi Phil and Jules, Glad to hear you landed back safely, and have had a good time in Europe. Delighted with the material you gave us and have been dishing it out to everyone whether they need it or not! The Psoas loosening is mind blowing and the I've had near miraculous results with the neck stuff. So thank you very much for that..P...U.

Phil, thank you so much for a great seminar. What you imparted has already proved to be of value in my clinic. Although I am not sure my technique of abdominal Psoas release is correct. I look forward to being able to review your demonstration when I receive the DVD of the two days. Again, thanks a million for an extremely valuable seminar, that given the quality of the information was great value. Best wishes , Paul D P

Here are some images taken during Phils successful sellout seminar at the Northern College of Acupuncture in York last September



Phil demonstrating the measuring technique used to test the patients' ability to tilt their head back. This indicates the tension in the Longus Colli and Longus Capitis muscle.



Phil supervises the class in the Head Rotation Against Resistance technique. This technique is really useful in helping head rotation, useful when changing lanes while driving.



Phil demonstrating a Hamstring stretch used in the treatment of Low Back Pain and Sciatica



Group Photo..after last years three dayer ...Happy Campers!



Phil demonstrates needle technique in abdominal points for the loosening of tight Psoas Muscles



Phil demonstrates needling the Scalene Muscles, to relieve nerve compression, Used in Frozen Shoulder and Carpel tunnel problems

“Trigger Points and Beyond”

A Workshop Presented by **Phil Macqueen**

NOTE: This qualifies for CPE Points

Booking Contact: Christine Southward at Northern College of Acupuncture York

Phone: 01904 343304

E mail: ChristineSouthward@chinese-medicine.co.uk

Dates: **Practitioner:** Friday 21 Sat 22 Sun 23 August 09

Mixed Prac/ Student: Mon 24 Tues 25 Wed 26 Aug

Bookings are advisable as there is a limit of 20 attendees.

Any questions or requests please contact Phil directly at philmac@netspace.net.au

See more on Phils' Acupuncture DVDs website www.acupuncturedvds.com